## 25 WAYS TO BE A

## LOVING PARENT

Everyday, you show your children in dozens of ways how you feel about them. Here are some new suggestions – from serious to silly – to show your kids how much you love them.

Giggle Look through Bury a family Help your Have a together your family time capsule backward child with share silly photo albums and dig it up dinner - serve their knock-knock together. five years later. dessert first! schoolwork. jokes. Give your child Start a once Start a collection Schedule regular Ask your child the gift of culture a season together **Family Meetings** to draw a parent/child date - take them anything from portrait of your where everyone night complete to a museum. coins to family and gets to share with dinner and symphony, seashells their opinion. then frame it. or play. a movie. will work. Set realistic rules Give your child Take family Sit down at and expectations choices about Be a good and make sure walks after the table what to wear, your child role model. together to dinner. understands eat, do, etc. eat meals. them. Find time each Give your Praise and day to talk Put a funny Stick to children ageencourage one-on-one note in their your rules appropriate your child with your and be fair. lunch box. responsibilities. child. daily. Trust your Let them know Tell them how child and let Hug your when you thankful you them know Be patient! child are they are catch them you respect every day. being good. your children. them.