



## **Superhero Academy Printables FREEBIE**

### Instructions for Printable Birthday Party

#### **Basic Supplies**

Photo paper or cardstock, scissors and possibly an adhesive.

#### **Open Files with a PDF Reader**

The easiest way to open a PDF file is to double-click on it and let your PC decide which default application should open the file. If no program opens the PDF file then you probably don't have an application installed that can view and/or edit PDF files. Most PDF readers, are free downloads.

#### **Recommended Paper for Home Printing**

The signs in this file are meant to be printed on 8.5"x11" sheets of paper or cardstock.

#### **Printing at Local Printers**

You may also take the file to a local printer.

#### **Use**

For Personal Use Only. The Instruction Signs can be hung or displayed by the Super Hero Identity, Mask and Cape stations. The Food Labels can be cut out and attached to the food servers.

# HOW TO BE A SUPER HERO

## *So You Want to Be a Superhero?*

Where would we be without superheroes? Would the streets be crawling with evil villains, carrying out their cunning plans with no one to stop them? Holy ravioli! It doesn't bear thinking about! The world is crying out for superheroes like you, so hurry up and join the forces of good at the **Super Hero Training Academy!**

**To be a true superhero, you'll need:**

- a catchy name that will be on everyone's lips;
- special powers—think about whether you were born with these, like Superman, or whether a remarkable event triggered them, like those of Spider-Man and The Hulk;
- a distinctive costume, including a mask;
- a strong moral code—that means you must promise to do only good and not harm anyone unnecessarily...not even really wicked villains who deserve it! and
- secret headquarters.

# ***YOUR SECRET SUPERHERO IDENTITY***

*So, you fancy fighting crime and protecting the world from villains?*

**The first thing you'll need is a name!**

Write your superhero name with a marker on the nametag provided. You might want to keep your first name and tag on a punchy second one. It's best to choose one that begins with the same letter for added effect! For example, if your name is Steven, your second name could be Storm, if you're called Bella you could add Blaze. If you prefer, you could change your identity completely and make up a whole new name. Be a Captain and add a cool word like Fantastic, Incredible or Starfire! Or put a great word in front of boy or girl and become Superboy or Wondergirl! If you're thinking of having animal-like superhero qualities, use that in your name - you could be Sharkboy or Panthergirl!

**The second thing you'll need is some powers!**

While you're creating a name, think about what your special powers will be. Flip your nametag over and write your superpowers on the back of your superhero name. Of course, you'll be able to fly - it's the quickest way to get around! What else will you be able to do? Will you have x-ray vision...or a tiger's agility...or the stretchiness of rubber? Use your imagination!

You have a name, you have your superhuman powers...now all you need is a distinctive outfit.

**Name Tags:** Print, Cut & Fold in Half (Front: Super Name & Back: Super Powers). Kids can write their Super Name and Super Powers and then insert into a Name Tag Holder. The Name Tag Holder can be clipped to a lanyard and worn during the party. Glow sticks can also be clipped to the lanyard.



# ***MASKED MYSTERIO***

*Who is that masked boy or girl?*

To hide your identity you'll need to wear a mask.

Use the embellishments and stickers on the table to decorate your mask, so baddies will know which hero has defeated them!

# ***CAPED CRUSADER***

## ***Badge of Honor!***

Every superhero needs a badge, something that people will recognize. It should reflect your super-powers and character.

1. Pick a large shape to use as the base of your badge.
2. Stick symbols or your initials onto your badge to personalize it.
3. Once your badge is finished, attach it to your cape.



This certifies that the Superhero listed below has graduated from the Superhero Training Academy.  
They have performed all tasks enabling them to join an elite group of crime fighters.

Superhero Name

Certified by

Date

To graduate from the academy you have completed the following challenges: created your superhero identity and costume, vaporized a villain, shown mighty muscles, retrieved kryptonite from the bat cave, and leaped tall buildings in a single bound. Congratulations!

**Food Labels:** Print and cut out to label all of the goodies you'll be serving at the party.

**CUPCAKES**

**FRUIT SNACKS**

**COOKIES**

**VEGGIES OF  
VIRTUE**

**ENERGY SNACKS**

**POWER PUNCH**

**MUSCLE M'**

**WATER**